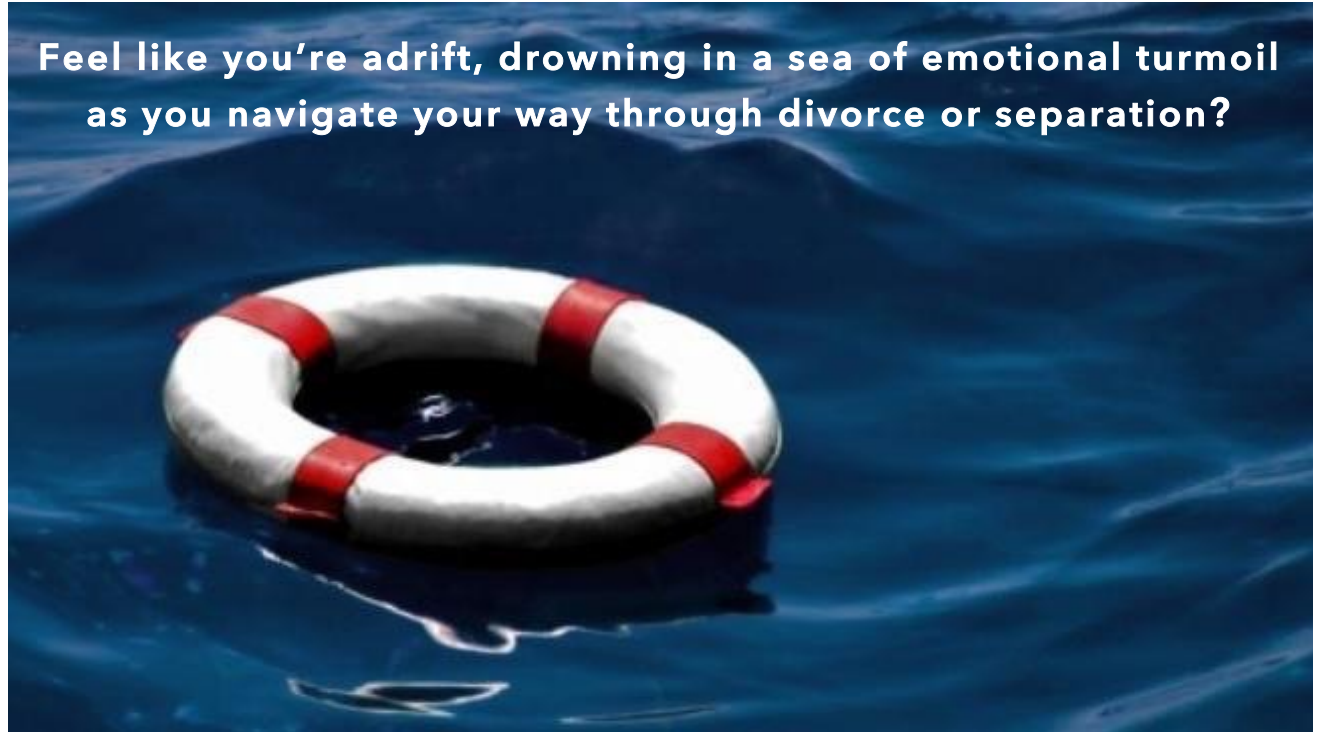


SEPARATION S.O.S.

**A STEP-BY-STEP SURVIVAL PROGRAM
FOR RELATIONSHIP BREAKDOWN**



**Feel like you're adrift, drowning in a sea of emotional turmoil
as you navigate your way through divorce or separation?**

**Let us be the life-ring that buoys you up
and brings you safely back to shore!**

Separation S.O.S. is a simple, 5-step
mentoring program steering you gently
along the road to acceptance.

**We can't promise it will all be plain sailing -
but with our mindful support you will survive
separation, rediscover yourself and define
a positive action plan for the future.**

Call **Nicola** on **0778 9497275** or **Steph** on **0788 0798070**
to take the first step forward